

Inquiry Project

The Question:

How can we as doctors accurately demonstrate how stress compromises homeostasis in our bodies, and provide reliable strategies and resources to support the management of this stress?

Purpose:

The purpose of this project is to have you think critically about how our body responds to external stimulus and adapts to this stimulus. It is my hope that this will further your understanding of the interrelationships between the various body systems. Further to this, gain an appreciation for how significantly stress can alter homeostasis and, develop a tool kit of strategies for managing stress.

Reliable information:

We will go over how to determine what sources are reliable when you do your research on the internet

Collaboration:

If you chose to work in a group (maximum 2 people), you must agree to the group work contract, the output expectations will increase, and you will both receive the same grade.

Outline:

Please think about how you would like to present your findings and talk to your teacher to have your ideas approved prior to Thursday April 24.

Teacher approval

Rubric:

See attached rubric for how you will be evaluated.